

“Could I have diabetes and not know it?”

Now seniors can get a free screening test and find out.

Of all Americans who are age 65 and older, nearly 3 out of 4 of them have diabetes or pre-diabetes. But many may not know it. Could you be one of them?

Get Checked for Diabetes

If you find out that you do have diabetes, you can begin to take care of it.

You can work with your doctor and other health care providers to get in control of your diabetes. Good control can reduce your chances of a heart attack, stroke, blindness, kidney disease, or amputations.

If you learn you have pre-diabetes, you can take steps to prevent or delay diabetes.

Get a
**FREE TEST
FOR
DIABETES**

Ask your doctor if you should be checked for diabetes.

Medicare Covers Testing

Most people who are age 65 and older on Medicare can get a free test for diabetes, once a year.

If you learn that you have pre-diabetes, you can get another free test six months later. And you can talk to your doctor or other health care provider about things you can do to help prevent or delay diabetes.



For information about diabetes and pre-diabetes:

American Diabetes Association

1-800-DIABETES (1-800-342-2383) • www.diabetes.org

The National Diabetes Education Program

1-800-438-5383 • www.ndep.nih.gov

Medicare

1-800-MEDICARE (1-800-633-4227)
www.medicare.gov/health/diabetes.asp

A National Drive to
Find the Undiagnosed

MedicareDiabetes
Screening Project

www.screenfordiabetes.org

The MDSP is a coalition sponsored by Novo Nordisk with additional support from partner organizations.